



2021 ATHLETICS DAY PROGRAMME

8.00am - 8.45am

- Students can set up house areas on bank.

8.30am - 8.45am - Look for your Form Teacher to get marked off

Assemble in classes in allocated house area (on bank/middle track) for roll check.

8.45am - 8.55am FINAL ROLL CHECK

9.00am

Whole School Zumba (on track in front of clubrooms)

TRACK EVENTS

Times are approximate. Keep listening to the Announcer for calls to the next event. If there is a time conflict between track and field events, please attend the track event first.

9.15am

House 100m

All Age Groups

After Zumba stay and form straight lines with your friends. You need to be in lines so house points can be counted!!!

9.45am

Championship 100m

All Age Groups

- Junior Championship Event (ALL runners timed)
- Intermediate Championship Event (ALL runners timed)
- Senior Championship Event (ALL runners timed)

10.30am

Competitive 1500m

All Age Groups

- Junior Championship Event (first 4 runners timed)
- Intermediate Championship Event (first 4 runners timed)
- Senior Championship Event (first 4 runners timed)

11.00am

Championship 200m

All Age Groups

- Junior Championship Event (ALL runners timed)
- Intermediate Championship Event (ALL runners timed)
- Senior Championship Event (ALL runners timed)

11.30am

Championship 100m FINALS

All Age Groups

(all runners timed)

12.00pm **Get Houses ready for chants.**

12.05pm **HOUSE CHANTS**

One house at a time (Prefects to manage)

Chant Order: Akoranga, Hauraki, Onewa, Pupuke, Wairau

HOUSE PHOTO

12.15pm **Championship 400m** **All Age Groups**

(ALL runners timed - straight FINAL places based on times)

12.30pm **LUNCH BREAK**

1.00PM **FUN ACTIVITY**

1.15pm **Championship 200m** **FINALS** **All Age Groups**

(ALL runners timed)

1.30pm **Championship 800m** **All Age Groups**

(ALL runners timed - straight FINAL places based on times)

1.45pm **HOUSE RELAYS**

House Relays (4 runners from each group):

- Year 9 Lane 1 - Akoranga
- Year 10 Lane 2 - Hauraki
- Year 11 Lane 3 - Onewa
- Year 12 Lane 4 - Pupuke
- Year 13 Lane 5 - Wairau

STAFF/YEAR 13 RELAY **(Time Permitting)**

2.15pm **CLEAN UP**

All staff who are not on traffic duty or gate duty should be helping with the clean-up. Prefects to get their house students to clean all the bank area.

NO ONE WILL LEAVE UNTIL AREAS ARE CLEAN!

2.30pm **ROLL CHECK - Assemble on Track**

FIELD EVENTS

Times are approximate. Keep listening to the Announcer for calls to the next event. If there is a time conflict between track and field events, please attend the track event first.

Each Field Event has a House Event and Championship Event.

9.30am

Junior Long Jump
Intermediate Discus
Senior Shot Put

10.15am

Junior Shot Put
Intermediate Long Jump
Senior High Jump

10.45am

Junior High Jump
Intermediate Shot Put
Senior Discus

11.15am

Junior Discus
Intermediate High Jump
Senior Long Jump

12.00pm Get ready for Chants.

12.05pm HOUSE CHANTS

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12.30pm LUNCH BREAK

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